

## CONFIDENTIAL HEALTH INFORMATION

Please allow our staff to photocopy your driver's license and insurance details.  
All information you supply is confidential. We comply with all federal privacy standards.  
Please print clearly.

**Dr. Gary L Webb, D.C.**  
**Dr. Jesse L Webb, D.C.**  
900 W. Northern Lights Blvd.  
Anchorage, AK 99503  
(907) 562-6181  
Fax (907) 562-6034

Today's Date (MM/DD/YYYY)

Have you consulted a chiropractor before?

No  Yes When?

Whom may we thank for referring you?

If so, whom?

Your Last Name

Gender

Male  Female

Your Social Security Number

Your First Name

Your Middle Name (or Initial)

Birth Date (MM/DD/YYYY)

Address

Marital Status

Single  Married  Divorced  
 Widowed  Separated

City

State/Province

ZIP/Postal Code

Home Phone

Spouse's Name

Email Address

Cell Phone

Child's Name and Age

Emergency Contact

Phone

Child's Name and Age

Your Occupation

Child's Name and Age

Your Employer

May we contact you at work?

Yes  No

Address

City

State/Province

ZIP/Postal Code

Work Phone

Insurance Carrier

Policy Number

Primary Care Provider's Name

Insured's Last Name

Who carries this policy?

Self  Spouse  Parent

First Name

Middle Name (or Initial)

Insured's Employer

Address

City

State/Province

ZIP/Postal Code

Employer's Phone

1. The symptom(s) that have prompted me to seek care today include: \_\_\_\_\_

Patient name \_\_\_\_\_

2. And are the result of (darken circle):  An accident or injury

Work  Auto  Other \_\_\_\_\_

A worsening long-term problem

An interest in:  Wellness  Other \_\_\_\_\_

3. Onset (When did you first notice your current symptoms?)

4. Intensity (How extreme are your current symptoms?)

0           10  
Absent Uncomfortable Agonizing

5. Duration and Timing (When did it start and how often do you feel it?)

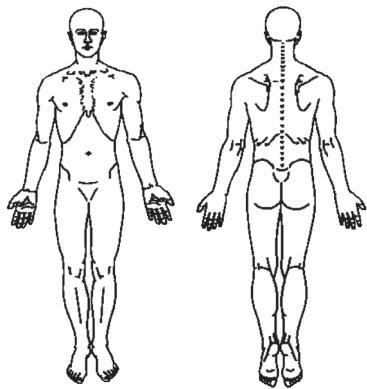
Constant  Come and goes. How Often? \_\_\_\_\_

6. Quality of symptoms (What does it feel like?)

- Numbness
- Tingling
- Stiffness
- Dull
- Aching
- Cramps
- Nagging
- Sharp
- Burning
- Shooting
- Throbbing
- Stabbing
- Other \_\_\_\_\_

7. Location (Where does it hurt?)

Circle the area (s) on the illustration.  
"0" for current condition  
"X" for conditions experienced in the past



8. Radiation (Does it affect other areas of your body? To what areas does the pain radiate, shoot or travel.)

9. Aggravating or relieving factors (What makes it better or worse, such as time of day, movements, certain activities, etc.)

What tends to worsen  
the problem? \_\_\_\_\_

What tends to lessen  
the problem? \_\_\_\_\_

10. Prior interventions (What have you done to relieve the symptoms?)

- Prescription medication  Surgery  Ice
- Over-the-counter drugs  Acupuncture  Heat
- Homeopathic remedies  Chiropractic  Other \_\_\_\_\_
- Physical therapy  Massage \_\_\_\_\_

11. What else should Dr. Webb know about your current condition? \_\_\_\_\_

12. How does your current condition interfere with your:

Work or career: \_\_\_\_\_

Recreational activities: \_\_\_\_\_

Household responsibilities: \_\_\_\_\_

Personal relationships: \_\_\_\_\_

### 13. Review of Systems

Chiropractic care focuses on the integrity of your nervous system, which controls and regulates your entire body. Please darken the circle beside any condition that you've **Had** or currently **Have** and initial to the right.

#### a. Musculoskeletal

- |   |   |   |  |   |  |   |  |  |
|---|---|---|--|---|--|---|--|--|
| <input type="radio"/> <input type="radio"/> Had           | <input type="radio"/> <input type="radio"/> Have            | <input type="radio"/> <input type="radio"/> Had               | <input type="radio"/> <input type="radio"/> Have             | <input type="radio"/> <input type="radio"/> Had           | <input type="radio"/> <input type="radio"/> Have             | <input type="radio"/> <input type="radio"/> Had           | <input type="radio"/> <input type="radio"/> Have           | <input type="radio"/> <input type="radio"/> None           |
| <input type="radio"/> <input type="radio"/> Osteoporosis  | <input type="radio"/> <input type="radio"/> Arthritis       | <input type="radio"/> <input type="radio"/> Scoliosis         | <input type="radio"/> <input type="radio"/> Neck pain        | <input type="radio"/> <input type="radio"/> Back problems | <input type="radio"/> <input type="radio"/> TMJ issues       | <input type="radio"/> <input type="radio"/> Hip disorders | <input type="radio"/> <input type="radio"/> Poor posture   | <input type="radio"/> <input type="radio"/> Initials _____ |
| <input type="radio"/> <input type="radio"/> Knee injuries | <input type="radio"/> <input type="radio"/> Foot/ankle pain | <input type="radio"/> <input type="radio"/> Shoulder problems | <input type="radio"/> <input type="radio"/> Elbow/wrist pain | <input type="radio"/> <input type="radio"/> Dizziness     | <input type="radio"/> <input type="radio"/> Pins and needles | <input type="radio"/> <input type="radio"/> Numbness      | <input type="radio"/> <input type="radio"/> Initials _____ |  |

#### b. Neurological

- |   |  |  |   |  |  |  |  |  |
|---|--|--|---|--|--|--|--|--|
| <input type="radio"/> <input type="radio"/> Had     | <input type="radio"/> <input type="radio"/> Have       | <input type="radio"/> <input type="radio"/> Had      | <input type="radio"/> <input type="radio"/> Have      | <input type="radio"/> <input type="radio"/> Had              | <input type="radio"/> <input type="radio"/> Have     | <input type="radio"/> <input type="radio"/> Had            | <input type="radio"/> <input type="radio"/> Have | <input type="radio"/> <input type="radio"/> None |
| <input type="radio"/> <input type="radio"/> Anxiety | <input type="radio"/> <input type="radio"/> Depression | <input type="radio"/> <input type="radio"/> Headache | <input type="radio"/> <input type="radio"/> Dizziness | <input type="radio"/> <input type="radio"/> Pins and needles | <input type="radio"/> <input type="radio"/> Numbness | <input type="radio"/> <input type="radio"/> Initials _____ |  |  |

#### c. Cardiovascular

- |   |  |  |  |  |  |  |  |  |
|---|--|--|--|--|--|--|--|--|
| <input type="radio"/> <input type="radio"/> Had                 | <input type="radio"/> <input type="radio"/> Have               | <input type="radio"/> <input type="radio"/> Had              | <input type="radio"/> <input type="radio"/> Have             | <input type="radio"/> <input type="radio"/> Had    | <input type="radio"/> <input type="radio"/> Have               | <input type="radio"/> <input type="radio"/> Had            | <input type="radio"/> <input type="radio"/> Have | <input type="radio"/> <input type="radio"/> None |
| <input type="radio"/> <input type="radio"/> High blood pressure | <input type="radio"/> <input type="radio"/> Low blood pressure | <input type="radio"/> <input type="radio"/> High cholesterol | <input type="radio"/> <input type="radio"/> Poor circulation | <input type="radio"/> <input type="radio"/> Angina | <input type="radio"/> <input type="radio"/> Excessive bruising | <input type="radio"/> <input type="radio"/> Initials _____ |  |  |

#### d. Respiratory

- |  |   |   |   |   |   |  |  |  |
|--|---|---|---|---|---|--|--|--|
| <input type="radio"/> <input type="radio"/> Had    | <input type="radio"/> <input type="radio"/> Have  | <input type="radio"/> <input type="radio"/> Had       | <input type="radio"/> <input type="radio"/> Have      | <input type="radio"/> <input type="radio"/> Had                 | <input type="radio"/> <input type="radio"/> Have      | <input type="radio"/> <input type="radio"/> Had            | <input type="radio"/> <input type="radio"/> Have | <input type="radio"/> <input type="radio"/> None |
| <input type="radio"/> <input type="radio"/> Asthma | <input type="radio"/> <input type="radio"/> Apnea | <input type="radio"/> <input type="radio"/> Emphysema | <input type="radio"/> <input type="radio"/> Hay fever | <input type="radio"/> <input type="radio"/> Shortness of breath | <input type="radio"/> <input type="radio"/> Pneumonia | <input type="radio"/> <input type="radio"/> Initials _____ |  |  |

#### e. Digestive

- |  |   |  |   |  |  |  |  |  |
|--|---|--|---|--|--|--|--|--|
| <input type="radio"/> <input type="radio"/> Had              | <input type="radio"/> <input type="radio"/> Have  | <input type="radio"/> <input type="radio"/> Had                | <input type="radio"/> <input type="radio"/> Have      | <input type="radio"/> <input type="radio"/> Had          | <input type="radio"/> <input type="radio"/> Have     | <input type="radio"/> <input type="radio"/> Had            | <input type="radio"/> <input type="radio"/> Have | <input type="radio"/> <input type="radio"/> None |
| <input type="radio"/> <input type="radio"/> Anorexia/bulimia | <input type="radio"/> <input type="radio"/> Ulcer | <input type="radio"/> <input type="radio"/> Food sensitivities | <input type="radio"/> <input type="radio"/> Heartburn | <input type="radio"/> <input type="radio"/> Constipation | <input type="radio"/> <input type="radio"/> Diarrhea | <input type="radio"/> <input type="radio"/> Initials _____ |  |  |

#### f. Sensory

- |  |   |  |   |   |   |  |  |  |
|--|---|--|---|---|---|--|--|--|
| <input type="radio"/> <input type="radio"/> Had            | <input type="radio"/> <input type="radio"/> Have            | <input type="radio"/> <input type="radio"/> Had          | <input type="radio"/> <input type="radio"/> Have                  | <input type="radio"/> <input type="radio"/> Had           | <input type="radio"/> <input type="radio"/> Have          | <input type="radio"/> <input type="radio"/> Had            | <input type="radio"/> <input type="radio"/> Have | <input type="radio"/> <input type="radio"/> None |
| <input type="radio"/> <input type="radio"/> Blurred vision | <input type="radio"/> <input type="radio"/> Ringing in ears | <input type="radio"/> <input type="radio"/> Hearing loss | <input type="radio"/> <input type="radio"/> Chronic ear infection | <input type="radio"/> <input type="radio"/> Loss of smell | <input type="radio"/> <input type="radio"/> Loss of taste | <input type="radio"/> <input type="radio"/> Initials _____ |  |  |

#### g. Integumentary

- |   |   |  |  |   |  |  |  |  |
|---|---|--|--|---|--|--|--|--|
| <input type="radio"/> <input type="radio"/> Had         | <input type="radio"/> <input type="radio"/> Have      | <input type="radio"/> <input type="radio"/> Had    | <input type="radio"/> <input type="radio"/> Have | <input type="radio"/> <input type="radio"/> Had       | <input type="radio"/> <input type="radio"/> Have | <input type="radio"/> <input type="radio"/> Had            | <input type="radio"/> <input type="radio"/> Have | <input type="radio"/> <input type="radio"/> None |
| <input type="radio"/> <input type="radio"/> Skin cancer | <input type="radio"/> <input type="radio"/> Psoriasis | <input type="radio"/> <input type="radio"/> Eczema | <input type="radio"/> <input type="radio"/> Acne | <input type="radio"/> <input type="radio"/> Hair loss | <input type="radio"/> <input type="radio"/> Rash | <input type="radio"/> <input type="radio"/> Initials _____ |  |  |

Consultation Notes

Doctor's Initials \_\_\_\_\_

Webb Chiropractic  
Wellness Center, Inc.

(Continued from previous page)

**h. Endocrine**

<input type="radio"/> <input type="radio"/> Thyroid issues	<input type="radio"/> <input type="radio"/> Immune disorders	<input type="radio"/> <input type="radio"/> Hypoglycemia	<input type="radio"/> <input type="radio"/> Frequent infection	<input type="radio"/> <input type="radio"/> Swollen glands	<input type="radio"/> <input type="radio"/> Low energy	<input type="radio"/> <input type="radio"/> NONE
<input type="radio"/> <input type="radio"/> Kidney stones	<input type="radio"/> <input type="radio"/> Infertility	<input type="radio"/> <input type="radio"/> Bedwetting	<input type="radio"/> <input type="radio"/> Prostate issues	<input type="radio"/> <input type="radio"/> Erectile dysfunction	<input type="radio"/> <input type="radio"/> PMS symptoms	<input type="radio"/> <input type="radio"/> NONE
<input type="radio"/> <input type="radio"/> Fainting	<input type="radio"/> <input type="radio"/> Low libido	<input type="radio"/> <input type="radio"/> Poor appetite	<input type="radio"/> <input type="radio"/> Fatigue	<input type="radio"/> <input type="radio"/> Sudden weight change	<input type="radio"/> <input type="radio"/> Weakness	<input type="radio"/> <input type="radio"/> NONE

**Patient name**

Initials \_\_\_\_\_

Initials \_\_\_\_\_

All other systems negative

**Past Personal, Family and Social History**

Please identify your past health history, including accidents, injuries, illnesses and treatments. Please complete each section fully.

<b>14. Illnesses</b>		<b>15. Operations</b>		<b>16. Treatments</b>	
Check the illnesses you have <b>Had</b> in the past or <b>Have</b> now.		Surgical interventions, which may or may not have included hospitalization.		Check the ones you've received in the <b>Past</b> or are receiving <b>Currently</b> .	
<input type="radio"/> <input type="radio"/> AIDS	<input type="radio"/> <input type="radio"/> Tuberculosis	<input type="radio"/> Appendix removal	<input type="radio"/> <input type="radio"/> Acupuncture		
<input type="radio"/> <input type="radio"/> Alcoholism	<input type="radio"/> <input type="radio"/> Typhoid fever	<input type="radio"/> Bypass surgery	<input type="radio"/> <input type="radio"/> Antibiotics		
<input type="radio"/> <input type="radio"/> Allergies	<input type="radio"/> <input type="radio"/> Ulcer	<input type="radio"/> Cancer	<input type="radio"/> <input type="radio"/> Birth control pills		
<input type="radio"/> <input type="radio"/> Arteriosclerosis	<input type="radio"/> <input type="radio"/> Other: _____	<input type="radio"/> Cosmetic surgery	<input type="radio"/> <input type="radio"/> Blood transfusions		
<input type="radio"/> <input type="radio"/> Cancer	_____	<input type="radio"/> Elective surgery: _____	<input type="radio"/> <input type="radio"/> Chemotherapy		
<input type="radio"/> <input type="radio"/> Chicken pox	_____	<input type="radio"/> Eye surgery	<input type="radio"/> <input type="radio"/> Chiropractic care		
<input type="radio"/> <input type="radio"/> Diabetes	_____	<input type="radio"/> Hysterectomy	<input type="radio"/> <input type="radio"/> Dialysis		
<input type="radio"/> <input type="radio"/> Epilepsy	_____	<input type="radio"/> Pacemaker	<input type="radio"/> <input type="radio"/> Herbs		
<input type="radio"/> <input type="radio"/> Glaucoma	_____	<input type="radio"/> Spine _____	<input type="radio"/> <input type="radio"/> Homeopathy		
<input type="radio"/> <input type="radio"/> Goiter	_____	<input type="radio"/> Tonsillectomy	<input type="radio"/> <input type="radio"/> Hormone replacement		
<input type="radio"/> <input type="radio"/> Gout	_____	<input type="radio"/> Vasectomy	<input type="radio"/> <input type="radio"/> Inhaler		
<input type="radio"/> <input type="radio"/> Heart disease	_____	<input type="radio"/> Other: _____	<input type="radio"/> <input type="radio"/> Massage therapy		
<input type="radio"/> <input type="radio"/> Hepatitis	_____	_____	<input type="radio"/> <input type="radio"/> Physical therapy		
<input type="radio"/> <input type="radio"/> Malaria	_____	_____	<input type="radio"/> <input type="radio"/> Nutritional supplements: _____		
<input type="radio"/> <input type="radio"/> Measles	_____	_____	_____		
<input type="radio"/> <input type="radio"/> Multiple Sclerosis	_____	_____	_____		
<input type="radio"/> <input type="radio"/> Mumps	_____	_____	_____		
<input type="radio"/> <input type="radio"/> Polio	_____	_____	_____		
<input type="radio"/> <input type="radio"/> Rheumatic fever	_____	_____	_____		
<input type="radio"/> <input type="radio"/> Scarlet fever	_____	_____	_____		
<input type="radio"/> <input type="radio"/> Sexually transmitted disease	_____	_____	_____		
<input type="radio"/> <input type="radio"/> Stroke	_____	_____	_____		
<b>17. Injuries</b>		Have you ever...			
		<input type="radio"/> Had a fractured or broken bone	<input type="radio"/> Used a crutch or other support		
		<input type="radio"/> Had a spine or nerve disorder	<input type="radio"/> Used neck or back bracing		
		<input type="radio"/> Been knocked unconscious	<input type="radio"/> Received a tattoo		
		<input type="radio"/> Been injured in an accident	<input type="radio"/> Had a body piercing		

**Consultation Notes**

**18. Family History**

Some health issues are hereditary. Tell Dr. Webb about the health of your immediate family members.

<b>Relative</b>	<b>Age (If living)</b>	<b>State of health</b> Good <input type="radio"/> Poor <input type="radio"/>	<b>Illnesses</b>		<b>Age at death</b>	<b>Cause of death</b> Natural <input type="radio"/> Illness <input type="radio"/>
Mother	_____	<input type="radio"/> <input type="radio"/>	_____	_____	_____	<input type="radio"/> <input type="radio"/>
Father	_____	<input type="radio"/> <input type="radio"/>	_____	_____	_____	<input type="radio"/> <input type="radio"/>
Sister 1	_____	<input type="radio"/> <input type="radio"/>	_____	_____	_____	<input type="radio"/> <input type="radio"/>
Sister 2	_____	<input type="radio"/> <input type="radio"/>	_____	_____	_____	<input type="radio"/> <input type="radio"/>
Brother 1	_____	<input type="radio"/> <input type="radio"/>	_____	_____	_____	<input type="radio"/> <input type="radio"/>
Brother 2	_____	<input type="radio"/> <input type="radio"/>	_____	_____	_____	<input type="radio"/> <input type="radio"/>

**19. Are there any other hereditary health issues that you know about?** \_\_\_\_\_

**20. Social History**

Tell Dr. Webb about your health habits and stress levels.

Alcohol use	<input type="radio"/> Daily	<input type="radio"/> Weekly	How much? _____	Prayer or meditation?	<input type="radio"/> Yes	<input type="radio"/> No
Coffee use	<input type="radio"/> Daily	<input type="radio"/> Weekly	How much? _____	Job pressure/stress?	<input type="radio"/> Yes	<input type="radio"/> No
Tobacco use	<input type="radio"/> Daily	<input type="radio"/> Weekly	How much? _____	Financial peace?	<input type="radio"/> Yes	<input type="radio"/> No
Exercising	<input type="radio"/> Daily	<input type="radio"/> Weekly	How much? _____	Vaccinated?	<input type="radio"/> Yes	<input type="radio"/> No
Pain relievers	<input type="radio"/> Daily	<input type="radio"/> Weekly	How much? _____	Mercury fillings?	<input type="radio"/> Yes	<input type="radio"/> No
Soft drinks	<input type="radio"/> Daily	<input type="radio"/> Weekly	How much? _____	Recreational drugs?	<input type="radio"/> Yes	<input type="radio"/> No
Water intake	<input type="radio"/> Daily	<input type="radio"/> Weekly	How much? _____			
Hobbies:						

**Doctor's Initials**

**Webb Chiropractic  
Wellness Center, Inc.**

**21. Activities of Daily Living**

How does this condition currently interfere with your life and ability to function?

	No Affect	Mild Affect	Moderate Affect	Severe Affect
Sitting	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Rising out of chair	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Standing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Walking	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Lying down	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Bending over	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Climbing stairs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Using a computer	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Getting in/out of car	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Driving a car	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Looking over shoulder	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Caring for family	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	No Affect	Mild Affect	Moderate Affect	Severe Affect
Grocery shopping	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Household chores	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Lifting objects	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Reaching overhead	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Showering or bathing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Dressing myself	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Love life	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Getting to sleep	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Staying asleep	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Concentrating	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Exercising	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Yard work	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

22. What is the major stressor in your life? \_\_\_\_\_

23. How much sleep do you average per night? \_\_\_\_\_ Hours

24. What is the type and approximate age of your mattress and pillow? \_\_\_\_\_

25. What is your preferred sleeping position? \_\_\_\_\_

26. Describe your typical eating habits:  Skip breakfast  Two meals a day  Three meals a day  Snacking between meals

27. What would be the most significant thing that you could do to improve your health? \_\_\_\_\_

28. In addition to the main reason for your visit today, what additional health goals do you have? \_\_\_\_\_

**Patient name****Consultation Notes****Acknowledgements**

To set clear expectations, improve communications and help you get the best results in the shortest amount of time, please read each statement and initial your agreement.

Initials \_\_\_\_\_

**I instruct the chiropractor to deliver the care that, in his or her professional judgment, can best help me in the restoration of my health. I also understand that the chiropractic care offered in this practice is based on the best available evidence and designed to reduce or correct vertebral subluxation. Chiropractic is a separate and distinct healing art from medicine and does not proclaim to cure any named disease or entity.**

Initials \_\_\_\_\_

**I may request a copy of the Privacy Policy and understand it describes how my personal health information is protected and released on my behalf for seeking reimbursement from any involved third parties.**

Initials \_\_\_\_\_

**I realize that an X-ray examination may be hazardous to an unborn child and I certify that to the best of my knowledge I am not pregnant. Date of last menstrual period (MM/DD/YYYY): \_\_\_\_\_**

Initials \_\_\_\_\_

**I grant permission to be called to confirm or reschedule an appointment and to be sent occasional cards, letters, emails or health information to me as an extension of my care in this office.**

Initials \_\_\_\_\_

**I acknowledge that any insurance I may have is an agreement between the carrier and me and that I am responsible for the payment of any covered or non-covered services I receive.**

Initials \_\_\_\_\_

**To the best of my ability, the information I have supplied is complete and truthful. I have not misrepresented the presence, severity or cause of my health concern.**

**If the patient is a minor child, print child's full name:** \_\_\_\_\_**Doctor's Initials****Webb Chiropractic  
Wellness Center, Inc.**

Signature \_\_\_\_\_

Date (MM/DD/YYYY) \_\_\_\_\_